

Newsletter

Mayfield West Demonstration School

Gregson Avenue, Mayfield NSW 2304

P 4968 1539

F 4960 2367

E mayfieldw-p.school@det.nsw.edu.au

Week 3 Term 4

Date: Tuesday, 24 October 2017



Dear Mayfield West Community

WOW! What a busy start to the term we have had. I feel very proud to be part of the Mayfield West Demonstration School community. Last week our school underwent External Validation and I was thrilled with the results. The panel complemented the staff, students and community for the great work happening at Mayfield West Demonstration School. Well done all!

Congratulations to Pastor Tim Drough on the safe arrival of beautiful twin girls, Audrey Jane and Charlotte Joy. May your lives be filled with love.

The CEP assembly held last week to recognise the achievements of our Aboriginal students was fantastic! Congratulations to all award recipients. The Dancelink team, consisting of Blake and Cameron Masters, Acacia Elers, Addison Thomas, Beau Duck and Mia Towney performed Tiddlaick with students from other CEP schools, with some students narrating, dancing and playing the didgeridoo.

Over the last few weeks we have had some outstanding performances by students in our school in athletics. Three students from Mayfield West Demonstration School represented the Hunter Region Athletics team in Sydney. Tai Elers from Year 6 represented in the 800m race. Ruby Swain, Year 4, represented in Discus and Jonathan Shoesmith, Year 4, represented in the 100m race. All three students did a fantastic job representing both Mayfield West Demonstration School and the Hunter Region. Congratulations on these fantastic achievements!



Year 6 Farewell

The Year 6 Farewell has been scheduled for Tuesday 12th December at Wests Mayfield. A parent meeting will be held in the school library tomorrow, 25th October at 3:15pm to discuss arrangements.

Presentation Day change of date.

We were notified yesterday that there has been a clash of dates so Mayfield West Demonstration School's **Presentation Day has been moved to Thursday 7th December at 9:30am**. We apologise for any inconvenience this causes. We look forward to celebrating the achievements of our students on this special day with our community.

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Interrelate

Interrelate in conjunction with Mayfield West Demonstration School is offering a course for students in Year 6 to prepare them for High School. "Moving into the Teen Years" explores a range of adolescent issues and offers a comprehensive education program designed specifically for this important time in life. A separate note was sent home last week outlining dates and costs for the program. Places are limited so could you please return notes and money as soon as possible.

Kindergarten 2018 Orientation

Visit 2 Wednesday 25th October 2017 (note attached to Newsletter)

Parents take their child to the Kindergarten rooms and then go to the hall for an information session on Literacy lead by the Assistant Principal. Children read a story and complete a related craft activity during this time. Teachers will make a general observation about the students during this session.

Outdoor Media Festival

Callaghan Education Pathways will be holding their Outdoor Media Festival on Thursday 9th November. Gates open at 4.30 pm and there will be entertainment from 4.30 pm – 7.30 pm. Tickets are available at the school for \$5 each. See attached flyer for more details.

Swim School

Swim School is happening over the next two weeks for students in Years 2 and 3. During this time Mrs Sonya Gray (as a trained Austswim instructor) will take the students to and from the pool and assist with the scheme. During this time 4G will be taught by Ms Sonya Riley.

StarStruck 2018

Expressions of interest to participate in StarStruck 2018 are now open. The cost will be \$80 for the group levy, \$25 per student participation fee, \$20 for the event t-shirt and \$20 for the choir uniform. The costuming will also be an additional cost that is yet to be determined. Tickets to view the performance are usually about \$50/adult. Interested students from year 4-6 (2018) will need to see Ms Riley before the end of this week. Please note a commitment from at least 16 students is required to form a troupe.

Start Smart

Students have been participating in the Start Smart program this week. It's never too early to teach children the value of money. Research indicates that it is crucial to develop financial literacy skills from an early age. The Start Smart Primary program teaches these skills in a way that students can understand and enjoy. It was developed with a panel of leading specialists in primary education, cognitive development, instructional design and financial literacy.

Preschool 2018

Our preschool still has positions available for 2018. If you would like to come to our preschool please come to the office and ask for an application form

Have a great week

Mr Dean Morrison
Relieving Principal



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Assembly

This week's assembly will be hosted by KH & KP. Assembly commences at 2.30 pm.

Important Dates:

25 th October	Kinder 2018 Orientation
1 st November	Kinder 2018 Orientation
6 th November	Interrelate Year 6
7 th November	Stage 1 Wetlands Excursion
8 th November	Kinder 2018 Orientation
9 th November	Digital Media Festival
13 th November	Interrelate Year 6
14 th November	Preschool Information Night
15 th November	P&C AGM
7 th December	Presentation Day
7 th December	P&C Christmas Disco
12 th December	Year 6 Farewell

Quality Kids

3A	Jackson Brown	Rylie Dunne	Madison Walters
3/4H	Montanna Delaney	Allie Dickinson	Riley Keywood
4G	Lili Figucio	Stephanie Costelloe	Tewera Bluegum
4RP	Holly Lyons	Cameron Masters	Acacia Elers
5K	Khanh Le	Storm Sommers	Henri Hill
5/6D	Naia Keywood	Blake Masters	Nicholas Wu
5/6P	Chelsea Starkie	Orlando Paul	Alana Mullins

Canteen Roster

Wednesday 25 th October	Robyn
Thursday 26 th October	Andreana
Friday 27 th October	Toni, Kim & Alice. Bec for Recess
Monday 30 th October	Gayle
Tuesday 31 st October	Renee
Wednesday 1 st November	Danielle

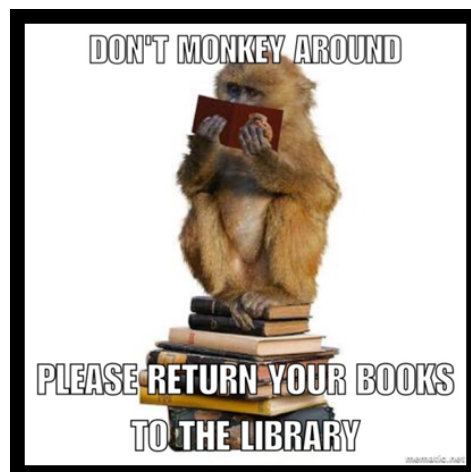
P&C News

Thank you to everyone who attended our P&C Meeting last week. At the meeting we discussed Starstruck 2018 and confirmed P&C support for this activity. The uniform shop have confirmed we will be setting up a display of uniforms for purchase at the Kindergarten orientation again this year. We have also organised to invite our grant suppliers to our Celebration Day this year, to recognise their important contributions to our school.

We are looking forward to the digital media festival on 9th November, where we will be holding a face painting and colour hairspray stall. Purchase your tickets from the office and come along to support our school on the night.

On 7th December we will be holding Christmas disco. We are currently working hard on organising this event and it is shaping up to be a great night for all of our students. We will be asking for volunteers for this event in the coming weeks.

Our next P&C Meeting will be held on Wednesday 15th November, in conjunction with our AGM. We hope to see you there.



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Year 4 Visit Waratah High

Last Friday, the Year 4 students visited Waratah High School for the day to "taste" or try some lessons that high school students learn. This was a part of Waratah High's transition program.

Our students had the opportunity to try Maths activities, making Rocky Road in the kitchen, making a miniature trailer out of wood that could be towed by a remote car and had carry a cup of lollies around an obstacle course, learn German, participate in PE games, do visual arts, perform in skits and drama games and participate in quiz questions for History and Geography.

The day was an awesome, terrific, fun, exciting day and the Year 4 students certainly are looking forward to their future learning. A sausage sizzle provided by the high school made the day even more special.

A huge thank you to the staff at Waratah High School for organising this fantastic day for us.

* All superlatives describing the day were provided by Year 4 students.

3 Reasons Red Foods Are Awesome



Red Fruits and Vegetables are nutritionally powerful, making them awesome lunch box foods.

1. GREAT BRAIN FOOD

Red fruits and vegetables aid in memory function, making them an important part of the Lunchbox mix. Ensure you include a red food daily to help with your child's learning.

2. KEEPS OUR HEARTS HEALTHY

The food we pack our children today affects their health into their adulthood. Include red foods to promote healthy hearts.

3. HELPS PROTECT AGAINST DIABETES

Help protect your child from diabetes by adding red fruits and vegetables to their Lunchbox. Lowering processed sugar and regular physical activity also helps.

RED FRUITS & VEGETABLES TO INCLUDE

Apples, strawberries, cherries, goji berries, watermelon, raspberries, red grapes, tomatoes, beets, red capsicum. Choose fruit and veg in season in Australia because it will be fresher.

FUN IDEAS THAT USE RED FOODS

- Choose 2 red fruits and 2 red veg that your children like. Rotate them in their Lunchbox each day for variety.
- Make a red fruit salad of watermelon, red grapes and strawberries.
- Cherry tomatoes make a great finger food. Slew them with cheese to make them more fun.
- Roast some beets and blitz them with hummus for a pink hummus.



THIS MAD FOOD SCIENCE™ HEALTH TIP COPYRIGHT © BEL SMITH 2017. BEL SMITH - A REGULAR ON CH 7 SUNRISE - IS A HEALTH COACH, A JAMIE OLIVER FOOD REVOLUTION AMBASSADOR, AND A MUM ON A MISSION TO TRANSFORM CHILDREN'S HEALTH IN AUSTRALIA.

FOR FREE WEEKLY RECIPES, LUNCH BOX INSPIRATION, AND A FREE EBOOK, SIGN UP VIA EMAIL AT THEROOTCAUSE.COM.AU.



PREMIERING SHORT FILMS

18 CEP schools on

The BIG OUTDOOR SCREEN.

Written, acted and edited by students K-12.

Bring a chair, sit under the COLA and indulge in the many offerings that will be available from our community of schools.

SPECIAL GUEST JUDGES: Sam Eather, Annette Hubber.

FIRST PRIZE SCHOOL WINS A DRONE kindly donated by the Real Film Festival

CALLAGHAN COLLEGE WALLSEND CAMPUS
Macquarie St, Wallsend

THURSDAY 9TH NOVEMBER

Gates Open 4:30pm

Entertainment and Stalls 4:30 - 7:30pm

SPECIAL GUEST PERFORMANCE
By The Marching Koalas at 6:45pm



CEP
Outdoor
Digital
Media
Festival
2017

Like us on
Facebook

Tickets Available at Participating Schools

GlendorePS HamiltonNorthPS HeatonPS IslingtonPS
JesmondPS MarylandPS MayfieldEastPS MayfieldWestPS MinmiPS
PlattsburgPS ShortlandPS TighesHillPS
WallsendPS WaratahPS WaratahWestPS
CCJesmondCampus CCWallsendCampus CCWaratahCampus

COFFEE / TEA COLD DRINKS SWEET TEMPTATIONS INDIAN FOOD NACHOS
FRUIT STICKS SAUSAGE SIZZLE FAIRY FLOSS CUPCAKES JARSTALL
SHOWBAGS GLOW STICKS FACE PAINTING HAIR BRAIDING BACON and EGGS
CORN ON THE COB CAKES POPCORN ICE CREAMS BROWNIES
BIRD HOUSES JAR TOMBALA HENNA TATTOOS + much more

FILM
PREMIERE
Starts
7:40pm

SPONSORED
BY



TICKETS
\$5 each
\$10 Family
of 4

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Swim School 2018



Year 4 Visit Waratah High





Mayfield West Demonstration School

Empowering students today, transforming lives tomorrow

2018 Kindergarten Information Parent Information Session

Tuesday 12th September 2017 in the Hall 6.30 pm – 7.30 pm

Parents will be invited to attend an information session on Kindergarten. The Principal will give information about the school, its philosophy, general information, and how to enrol in Kindergarten for 2018. The Principal will outline the orientation visits for the remainder of the year. The Assistant Principal and Kindergarten teachers will discuss the Early Stage 1 curriculum, Best Start assessments and expectations for their first year at school.

Important Dates

Visit 1 Wednesday 18th October 2017

Parents are invited to attend with their child. Please meet in the Kindergarten rooms from 9.30 – 10.30 am. Children will start with a story and then rotate through a variety of activities. Parents are welcome to stay with their child. Teachers will make general observations about the students during this session.

Visit 2 Wednesday 25th October, 2017 9.30 – 10.30 am

Parents take their child to the Kindergarten rooms and then go to the hall for an information session on Literacy lead by the Assistant Principal. Children read a story and complete a related craft activity during this time. Teachers will make general observation about the students during this session.

Visit 3 Wednesday 1st November 2017 9.30 – 10.30 am

Parents and children meet at the Kindergarten rooms. Parents go to the hall for an information session on Numeracy lead by the Assistant Principal. Children complete a number of numeracy based activities with a craft item to take home. Teachers will make general observation about the students during this session.

Visit 4 Wednesday 8th November 2017 9.30 – 10.30 am

Children meet in the Kindergarten rooms where they meet their 2018 Year 6 buddy. The children will go on a tour of the school, stop at the library for a story, visit the office and shown their play area. They line up for a fruit snack at the canteen and have a picnic with their buddy and a play in the playground. Parents go to the hall for a final meeting on finalising their enrolment forms and information about what happens on the first day of Kindergarten. Parents make appointments for Best Start Assessment on the first two days of school at this session.