

Newsletter

Mayfield West Demonstration School

Gregson Avenue, Mayfield NSW 2304

P 4968 1539 F 4960 2367 E mayfieldw-p.school@det.nsw.edu.au

Week 2 Term 1

Date: Tuesday, 27 February 2018



Congratulations to our students on a wonderful start to the new school year.

School Assembly

On Friday afternoon the year 6 executive lead the assembly and we celebrated a number of positive teaching and learning achievements in our school. Congratulations to the semester 1 Student Representatives Council (SRC) and the students who received a Quality Student award from each K-6 class. The assembly was successful and I appreciate our school community following our school responsibilities ; Care, Courtesy, Common Sense and Commitment to learning.

Staff achievements

Miss King received a certificate for being a proficient teacher which she achieved through completing her first stage of accreditation based on the Australian Teaching Standards. Congratulations Miss King.

I would also like to congratulate all our teaching staff who have been employed in the Department of Education prior to 2004. They also received their proficient teacher accreditation and received their certificates during the last school holidays.

It is exciting to recognise and celebrate quality teachers at Mayfield West Demonstration School.

2018-2020 School plan and strategic directions

Over the last few months I have been working with the staff, students and community on planning and writing the school plan for 2018-2020. Through this process our school has identified three strategic directions for Mayfield West Demonstration School.

1.Embed innovative and best practice which incorporates technology and STEM for quality teaching and learning that equips students to be successful 21st Century Learners

2.Knowledgeable staff implementing evidence based teaching which is responsive to student needs and personalised learning in literacy and numeracy.

3.Develop a connected, collaborative and inclusive school learning community with a strong emphasis on student and staff wellbeing through instructional leadership.



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Parent Information Sessions

Last week all classes sent out an invitation for parents and carers to attend Parent Information sessions in week 4. One of our strategic directions is to encourage community members to continue to be an active part of our school and attend information sessions. We are aiming for at least 65% of parents from each class to participate in these nights. If you are unable to attend please contact class teachers and they will provide an outline of the night via telephone or in written form.

Please note the first P&C meeting for 2018 will be after the stage 3 Information night on Wednesday 21/2/18 and we would love you to join us at 6:30pm in the staffroom to discuss how the P&C and school can work in partnership to create and support our student's learning.

Sun Safety

Thank you to all the students and staff who are assisting us with our aim to have everyone with hats on during PDHPE, lunch, recess and before school. Our school hats are sun safe as they have a broad brim that protect a child's face, ears and neck. School hats can be purchased through the Uniform shop. Please also make sure that your child applies sunscreen each day. We are asking if your child does not wear a hat to school they are expected to sit and play under a COLA.

Scripture

Scripture lessons are commencing in Week 4. All students will be expected to attend scripture unless otherwise requested by a parent or noted on their enrolment form. If you have any questions in regards to the content of scripture lessons please see Mr Morrison.

School hours for 2018

School begins: 8:55am All classes assemble under the middle COLA for community messages

Lunch: 11:10-11:50am

Recess: 1:30-1:50pm

School finishes: 3:00pm K-2 to be picked up from the middle COLA.

The gates will continued to be locked for the safety of our students. I also ask that students do not play on the fixed equipment after school.

Student Attendance

English and Mathematic lessons are timetabled in the morning session of teaching therefore it is imperative that all students are at school before the bell rings at 8:55am. After speaking to many students last year, many really did not like being late for class as they felt they missed important Information to commence their learning. Also the morning assembly is an opportunity for the staff to communicate important messages to our students and community. Students who arrive at school after the bell need to go to the front office to get a *Late Note*.

Swimming carnival

Years 3-6 Swimming carnival Wednesday 14th February 2018 at Beresfield pool. Please return all permission notes and ensure you indicate your child's swimming ability and tick permission to participate in water activities. All activities are fully supervised and students must undertake a swimming assessment before the carnival commences.

Have a wonderful week

Deborah Kelly

Relieving Principal

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Assembly Roster

This week's assembly will be hosted by 2C. Assembly commences at 2.30 pm in the hall. Parents and Carers are welcome to attend.

Quality Kids

KH	Lily Crichton-Abrahams	Kartikey Bagade
KP	Opal Evans	Archie Miller
KT	Dali Sommers	Kahia Bluegum
1P	Toby Shannon	Tyler Woods
1S	Lilah Blakemore	Chase Toll
1/2C	Bella Tiki Coutiucos	Chloe Porter
1/2K	Joshua Dewhurst	Travis Wagner
2C	Jemima Worrall	Dylan Taylor
2/3A	Mia Bialecki	Jack Shannon
3H	Jake Hinder	Macie-Lea Reeves
3/4R	Jonnalyn Licanda	Jayden Picton
4G	Alice McDonald	Seth Hartshorn
5P	Bella Avis	Christian Morison
5RP	Isaac Ezzy	Indian Paul
5/6M	Daniel Paloma	Ela Tabulutu
6R	Khanh Le	Kobe Howell

A message from Tim Drough

G'day, I hope 2018 has gotten off to a great start for you and your family. I just wanted to introduce myself. My name is Tim Drough and I'm the School Chaplain. Perhaps you're wondering what a Chaplain does. My role is to support the wellbeing of the whole school community. I do this by being someone that people can talk to about what's happening for them. This might be when things are going well, but it might also be when things are difficult. I listen and can provide strategies or referral for the things that life throws our way.

You can organise an appointment with me by contacting the school office or have a chat to me before or after school if you see me out and about. My work days are Monday and Friday.

Tim Drough
School Chaplain
(Monday & Friday)



What is The Big Veggie Crunch?

Did you know that only 5.4% of Australian children eat enough vegetables?

To encourage students to eat more vegetables, our school will be taking part in The Big Veggie Crunch (as part of Vegetable Week) on Thursday 1st March at 10 am.

Schools across NSW will be joining together to break the record for the most students crunching vegetables simultaneously.

What can you do to help?

Pack a container of vegetables (not fruit) for your child to eat on the day
Keep serving up the vegetables at home!

If you require more information on what activities our school is doing over Vegetable Week, please contact the school or your child's teacher.

Kara Bull Vegetable Week School Coordinator



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Library News

Library Borrowing

Borrowing is now underway for all classes in the school. Students can borrow books for two weeks. If your child has an overdue book, please ensure that it is returned promptly so that other students have an opportunity to read it. It's wonderful to see so many students using library bags to protect their books. Blue PVC library bags with a velcro closure are available from uniform shop for \$15.00, however any library bag is fine.

Newcastle Regional Show Colouring Competition

The Newcastle Regional Show is holding a colouring competition and entries will be available for students to collect from the library. Entries must be handed in at the library or office by Wednesday 21st February. Winners and entries will be displayed at Newcastle Show – March 2-4.

Full Terms and Conditions available online: www.newcastleshows.com.au

Premier's Reading Challenge 2018

The NSW Premier's Reading Challenge is about to begin and I am hoping that many MWDS students will once again participate. The PRC "aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely".

The Challenge is divided into three categories: Kinder - Year 2 (30 books), Years 3 - 4 (20 books) and Years 5 - 6 (20 books). Students have until 25th August to complete their reading. Information about the PRC can be found on the website:

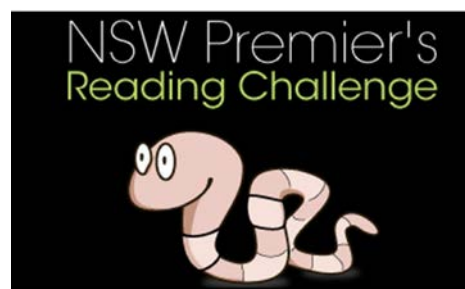
<https://products.schools.nsw.edu.au/prc/home.html>

The website will not be 'live' and available for students to login until Monday, 5th March.

Happy Reading

Louise Troup

Teacher Librarian



Canteen Roster

Wednesday 14th February

Thursday 15th February

Friday 16th February

Monday 19th February

Tuesday 20th February

Wednesday 21st February

Margaret

Andreana

Toni, Alice Rumena & Naomi, Recess - Noosha

Bec

Katie

Danielle

P&C News

A warm welcome back to all our Mayfield West families, we hope everyone has settled into the school routine.

Mayfield West P&C is a group of parents and carers, who work closely together with staff, as partners, to improve our school and the educational experience of our children.

Children need help, support and involvement from their parents to succeed at school, and a great way to do this is by being a part of P&C.

The P&C assists the school by fundraising, teacher recruitment panel member, we oversee the management of the canteen and uniform shop and we assist at school functions. We rely on volunteers to manage these services, who do an amazing job, and we would love to have some new members join us in 2018!

The first P&C meeting for 2017 will be held on **Wednesday 21st February at 6.30pm** in the staff room. Please join us, bring only your enthusiasm and great ideas! It's a fabulous way to meet new parents.

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the
DATE

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3 Very Versatile Wholefoods

Last week we looked at why Wholefoods are so wonderful. This week we take a look at 3 very versatile Wholefoods. Personally, I try to have them in the house all the time. Here's why.

1. CHEEKY CHICK PEAS

Chick peas are a legume. They are also sometimes called garbanzos. They are high in protein and fibre which means they are great for keeping you full longer. Chick peas are also high in iron and help boost energy. They can be used to make a dip, added to a salad or wrap or even used to make a healthy sweet treat.



2. QUALITY QUINOA

This wholegrain is extraordinary. It is a complete protein, is high in fibre, high in iron, rich in magnesium and more. They are great for keeping you full and giving energy. Make as a salad, add to fritters, use as crumbs or use in a healthy sweet treat.



3. BOUNCY BANANAS

Bananas are well known for giving an energy boost but they are so much more than this. They contain high levels of potassium so are good for concentration. Bananas are high in tryptophan and contribute to better moods. They are easy to pack whole, cut into chunks and can be used in so many healthy sweet recipes. And best of all, they are generally in season all year round.



IDEAS

- Visit <http://rootcau.se/7> for 3 recipes for each of these wholefoods.





2018 Registration Dates

McDonald's Industrial Drive
Sunday 21st January
Saturday 17th February
3pm - 5pm

Stevenson Park
Wednesday 7th March
5pm - 7pm

2018 Fees
U6-7s - \$175
U8-11s - \$190
U12-18s - \$235
Seniors* - \$300

All new Under 6&7s registrations receive free shorts, socks, shinpads, and ball!

BSB: 637 000 - Greater Bank
Acc: 721 182 843 - Mayfield Utd JSFC
Ref: Child's Name

All registrations **must** be completed online through www.myfootballclub.com.au
Online registrations will open January 2nd 2018
Registration Fee can be paid via Credit Card through MyFootballClub,
Direct Deposit, cash/cheque/EFT** on Registration Days
Players in Under 12s and up **must** be present to sign the Signature Sheet
(to be submitted to the association)

*Seniors cost covers registration & referees only, individual team fees - uniform, lights, etc will apply
**EFT will incur a 1.9% surcharge



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of paper/cardboard
saves 30,000 litres
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