

# Newsletter

Mayfield West Demonstration School

Gregson Avenue, Mayfield NSW 2304

P 4968 1539 F 4960 2367

E [mayfieldw-p.school@det.nsw.edu.au](mailto:mayfieldw-p.school@det.nsw.edu.au)

Week 5 Term 1

Date: Tuesday, 27 February 2018



It is week 5 already. The term is flying by.....

## Welcome BBQ

In Week 7, we are holding our Welcome BBQ for students and families. It will be held on Wednesday 14th March 2018 5:30-7:00pm. An invitation was sent home today to every student. We will be providing a sausage sizzle therefore please complete the numbers attending slip on the bottom of the invitation and return to school as soon as possible. We look forward to seeing you there.

## Parent Information Sessions

Thank you for supporting our goal of reaching 65% attendance at the Parent Information sessions. We nearly reached our target and 61% of community attendance has been recorded. A huge improvement from recent years. If you were unable to join us please contact your child's class teacher to request important information in regards to teaching and learning.

## School Plan

Mr Morrison and I are attending a world conference in Sydney on 6/3/18-7/3/18 to develop our skills in planning and implementing whole school programs in STEM. We will return to school and share this new knowledge with the staff and students. STEM is part of our 2018-2020 School Plan.

## Capital Works and Maintenance

Over the last few months, I have been working with the Asset Management Unit and Broad Spectrum to improve the aesthetics of our school. At the beginning of March, the school will have a complete make over! MWDS will be re painted internally, new carpet and vinyl will be fitted, a new roof will be installed in B block and some classroom will be remodelled to be Future Focused classrooms. There will be some interruption to the day to day operation of the school however strict Work Health and Safety procedures will be followed and classes may relocate to the hall, library and training room. I will continue to inform you via the newsletter once I meet with the project coordinator and finalise details. This is extremely exciting and the staff and students are looking forward to the capital works commencing.

## School zoning and penalties

There have been changes to the penalties for school zones – including changes to zones and demerit points. Please take the time to read these new laws to make sure you are obeying the new regulations. Information is attached in this newsletter edition.

## Zone Swimming

Congratulations to all students who participated in the Zone Swimming yesterday. Thank you Miss Bull for supervising the students.



## Netball

Congratulations to Acacia Elers, Kaylee Livermore, Kaitlyn McDonald, Azaria Clarke and Ruby Swain for being selected in the Newcastle Under 11 Representative Development Squad.

I would like to congratulate many of our students for their commitment to following our whole school value of *speaking respectfully to others*. The staff and I have noticed a significant improvement in appropriate language and kind words being used both in the classroom and playground. Please continue to support and encourage your child to follow school responsibilities: Care, Courtesy, Common Sense and Commitment. Also encourage students to attend one of our extracurricular activities running during lunch or recess.



Have a wonderful week.  
Deborah Kelly

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## Assembly

This week's assembly will be hosted by 1/2C. Assembly commences at 2.30 pm in the hall.

## Swimming Carnival

The points have been tallied and a big congratulations goes to Purdue on their great win at this year's Swimming Carnival. All students who attended the carnival showed great sportsmanship towards their team mates and also their opponents. Well done everyone.

## Library News

### Library Borrowing

All classes are now borrowing and it is great to see so many students with library bags. If you are unsure of your child's library day please call in to see me at the library and I can let you know. All students are required to have a library bag for borrowing and they can be purchased from the uniform shop for \$15.00, or there are many inexpensive bags available from a variety of retail outlets.

### Library at Lunchtime

Students are able to come to the library during the second half of lunch to read, draw, use the computers, watch a DVD, play with games & lego, or just find a quiet place to relax. Due to the large number of students visiting the library, we have a lunch timetable. Kindergarten, Year 1 & Year 2 are able to visit the library on Monday & Tuesday. Years 3 – 6 can visit Wednesday & Thursday.

### Happy Reading

Louise Troup Teacher Librarian



## Canteen Roster

Tuesday 27 <sup>th</sup> February	Kizzia
Wednesday 28 <sup>th</sup>	Robyn
Thursday 1 <sup>st</sup> Marcy	Andreana
Friday 2 <sup>nd</sup> March	Toni, Alice & Rumena, Recess - Amber
Monday 5 <sup>th</sup> March	Margaret
Tuesday 6 <sup>th</sup> March	Katie

## Get ready for The Big Veggie Crunch!

On Thursday 1<sup>st</sup> March at 10 am our school will be joining hundreds of schools across NSW to break the record for the most students crunching vegetables simultaneously.

But we need your help to make it a success!

On Thursday 1<sup>st</sup> March, please pack your child a container of vegetables (not fruit) for them to crunch on.

### Need some ideas?

carrot, celery, cucumber – cut into sticks or left whole  
capsicum – cut into sticks or wedges  
corn – raw baby corn spears or a cooked corn cob  
broccoli or cauliflower florets - raw or lightly cooked to keep their crunch  
tomatoes – small cherry tomatoes or a large tomato that can be eaten like an apple  
beans or snow peas - raw or lightly cooked to keep their crunch  
mushrooms – sliced or left whole

Kara Bull - Vegetable Week School Coordinator



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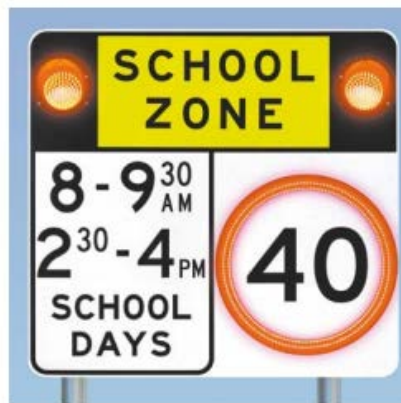
Date: Tuesday, 27 February 2018



## Reinforcing safety in school zones

8 February 2018

Seven new school zone offences enforced from 1 February 2018.



To help schools keep the school zone safer for all pedestrians and drivers there are seven new traffic offences with new fines.

None of the seven offences attract demerit points when committed elsewhere on the road but now in a school zone they each come with two points.

The changes are:

1. Stopping in intersection - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
2. Stop within 20m of intersection (traffic lights) - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
3. Stop within 10m of intersection (no traffic lights) - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
4. Stop near bicycle crossing lights - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
5. Obstruct access to ramp/path/passageway - Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$330 and 2 demerit points.
6. Not parallel park in the direction of travel - Under the changes if a driver commits this offence in a school zone they will receive a \$330 fine and 2 demerit points.
7. Parallel park close to dividing line - Under the changes if a driver commits this offence in a school zone they will receive a \$330 fine and 2 demerit points



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## 1 Lot of Ingredients to make 7 Healthy Snacks!



This week I would share another simple way of achieving variety - using the same ingredients multiple ways. Here's how I turn 1 lot of ingredients into 7 different healthy snacks.

### INGREDIENTS

1/2 cup pepitas - chopped  
1/2 sunflower seeds - chopped 1 cup dessicated coconut  
1 cup rolled oats (not quick oats) 1 tblspn Chia Seeds  
1 tspn cinnamon  
1/2 cup raisins - chopped  
110 grams of soft butter  
1/2 cup brown rice syrup  
1 tspn vanilla extract

### 7 HEALTHY SNACKS

1. No Cook (at all) Muesli Fun Balls
2. No Cook (at all) Muesli Slice
3. Muesli Biscuits
4. Toasted Muesli No Cook Fun Balls
5. Toasted Muesli No Cook Slice
6. Toasted Muesli Biscuits
7. Toasted Muesli (use as breakfast or topping for yoghurt)

### 2 METHODS TO MAKE THESE 7

All these are seriously dead simple to make. Cream the butter, brown rice syrup and the vanilla. Mix in the other ingredients. Form into balls, slices or biscuits. Toast ingredients upto cinnamon and mix for toasted muesli versions. Visit <http://rootcau.se/a> for full method.



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