

# Newsletter

Mayfield West Demonstration School

Gregson Avenue, Mayfield NSW 2304

P 4968 1539 F 4960 2367 E [mayfieldw-p.school@det.nsw.edu.au](mailto:mayfieldw-p.school@det.nsw.edu.au)

Week 7 Term 3

Date: Wednesday, 4 September 2019



## Welcome to Week 7

Regular attendance at school is essential for students to achieve quality life outcomes. Schools, in partnership with parents, are responsible for promoting the regular attendance of students. School hours are from 8:55am to 3pm. If students arrive later than 9am, parents are requested to accompany them to Administration to provide late arrival information. A late slip is then taken to the class teacher by the student. Similarly, if children leave early for the day, parents are required to go to Administration first to sign students out. Students will be called to Administration for collection. The early leavers slip will be passed onto the class teacher. These procedures reflect the Department of Education's Attendance Policy.

Our Father's Day stall was very successful again this year. Thank you to the P&C and the wonderful team of volunteers for organising the stall. The students of Mayfield West really appreciated being able to buy something special for their loved ones.



Last week we celebrated SASS Recognition Week. We celebrated the wonderful work that our SASS staff (School Administration & Support Staff) give to the school on a daily basis.

Administration staff: Mrs Freeland, Mrs Cooksley, Mrs Johnstone and Mrs Taylor. Classrooms: Mrs Stephens, Mrs Bradley, Mrs Brooker, Mrs West, Mrs Clayden, Mrs Brown and Mr Parks Preschool: Mrs Baker, General Assistant: Mr Miranda.

Last week students from Year 5 attended Waratah High for Taster Lessons. All students had an action packed day where they were able to participate in the following activities coding, crossfit, cooking, breakout, science, keyboard and guitar.



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## Important Dates

3 <sup>rd</sup> September	Three Way Interviews commence
5 <sup>th</sup> September	Cluster Choir Rehearsal Workshop (Flyer attached to Newsletter)
12 <sup>th</sup> September	Cluster Choir Rehearsal Workshop and Performance
19 <sup>th</sup> September	P & C Disco
27 <sup>th</sup> September	P & C Colour Run, End of Term 3
14 <sup>th</sup> October	Term 4 commences
16 <sup>th</sup> October	P & C Meeting
21 <sup>st</sup> October	Forum Swimming School commences
7 <sup>th</sup> November	School Showcase
3 <sup>rd</sup> December	Year 6 Orientation to Waratah High School
5 <sup>th</sup> December	Year 6 Farewell
11 <sup>th</sup> December	Presentation Day
18 <sup>th</sup> December	End of Term 4

## Recycling

The school will be collecting bottle tops and bread tags. There are boxes in the foyer where donations can be left. These items are recycled into 3D printer filament, prosthetic limbs and wheelchairs.

## Stewart House

This year Mayfield West will be supporting Stewart House by selling High Bounce Handballs from Administration for \$3 each.

Stewart House is NSW Public Education's Charity of Choice, and is a not-for-profit organisation.

## School Showcase

The school is looking for volunteers to help make costumes and props for the Showcase. If you have any spare time that you could offer the school, please advise your contact details at the School Administration.

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## MWDS State Competitors

Congratulations to Mohammad Ayas and Ruby Swain, both students are now in the Regional Team and are heading off to compete at State Athletics. Mohammad and Ruby will be competing in 12/13 years discus team.

Congratulations Mohammad and Ruby on your great athletic achievements and we wish them all the success when competing at State.



## Library News

Book Week 2019 - 'Reading is my Secret Power'

Book Week is over for another year. We had a sunny morning for the Book Week Parade and I was amazed by the fantastic costumes and outfits – there was even a Mrs Troup costume (thanks Bonnie)! I think it was the most creative parade we have had for many years and thank you to all the students and staff for their participation. Thank you also to our school community of parents and caregivers for helping us to celebrate books and reading at our school.



Congratulations to the following winners of the Book Week competitions:

Colouring – Early Stage 1 Yanxi Wei; Stage 1 Chloe Paloma 1/2C; Stage 3 Mohammad Ayas & Chelsea Lange (Highly Commended).

Word Target – Bella Avis 5/6RP, Laura Bray 5/6RP, Ruby Jones 5/6C & Kaitlyn McDonald 5/6C.

Premier's Reading Challenge 2019

The PRC has now closed for 2019. Congratulations to our final group of students completing the challenge – Allie Dickinson 4/5G, Alice Bradley 5/6C, Liam Curtis 3/4A, Oliver Diamond 3/4A, Cameron Donovan 3/4R, Mason Dunnage 3/4R & Kaitlyn McDonald 5/6C.

Fantastic reading. This year 207 students completed the challenge – well done to everyone!

Happy reading

Mrs Troup

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## P & C News

### Father's Day Stall

Thank you to all the volunteers who donated both their time and goods to our Father's Day Stall last week. Both stall days were extremely busy, and our students bought some amazing gifts. We hope all the recipients enjoyed their day.

### Tupperware Fundraiser

Need a new lunchbox? We're currently hosting a Tupperware Fundraiser where a percentage of profit goes directly to our P&C fundraising goals. The fundraiser will run till 8<sup>th</sup> September. You don't even need to leave home to participate. Follow the link for more details and upcoming deals.

<https://www.facebook.com/events/420598225246864/>

### School Disco

Get ready for the Disco on Thursday 19<sup>th</sup> September. Preschool Blue Group to Year 2 will run from 2-3:30pm and Years 3-6 from 5:30-7pm. A pre-order afternoon tea/sausage sizzle form (depending on session time) will be coming home soon. Dust off those dancing shoes! If you would like to volunteer, for either session or during the day of the event to help prepare, please email

[maywestpc@live.com.au](mailto:maywestpc@live.com.au)

### Colour Run

Hopefully your child has brought home their letter regarding the upcoming Colour Run, to be held on the last day of Term. Here is a direct link to make a student profile. You can then share it with family and friends and start raising funds for our school. Thanks for your support, we can't wait to join in the Colour Run fun! <https://schoolfundraising.com.au/>



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## P & C News cont.

### Entertainment Books

2019/2020 Entertainment Books are still available. At just \$65, they are full of fabulous savings.

Follow the link to buy online: <https://www.entertainmentbook.com.au/orderbooks/3566y5>

### P&C Meeting

Our next P&C Meeting will be held on Wednesday 18<sup>th</sup> September at 6pm in the Library. New members are always welcome. We hope to see you there!

### Facebook Page

Follow the link below to see our dedicated P&C Facebook Page. 'Like' us to stay up-to-date with fundraising events and goals. You can also access the canteen menu, uniform shop details and fundraising order forms. <https://www.facebook.com/Mayfield-West-Demonstration-School-PC-407244706665464/>

## Canteen Roster

Thursday 5th September	Andreana
Friday 6 <sup>th</sup> September	Kim, Toni, Simone, Minnie, Recess Amber
Monday 9 <sup>th</sup> September	Lyndall
Tuesday 10th September	Robyn
Wednesday 11 <sup>th</sup> September	Ruth
Thursday 12 <sup>th</sup> September	Donna
Friday 13 <sup>th</sup> September	Toni, Paula, Alice, Recess Nat
Monday 16 <sup>th</sup> September	Lyndall
Tuesday 17 <sup>th</sup> September	Naomi
Wednesday 18 <sup>th</sup> September	Anne
Thursday 19 <sup>th</sup> September	Robyn



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**MAYFIELD WEST  
DEMONSTRATION SCHOOL**  
Gregson Avenue Mayfield West 2304  
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Tel: 02 4968 4886 (Pre-School)  
Fax: 02 4960 2367  
[mayfieldw-p.school@det.nsw.edu.au](mailto:mayfieldw-p.school@det.nsw.edu.au)  
[www.mayfieldwest.ps.education.nsw.gov.au](http://www.mayfieldwest.ps.education.nsw.gov.au)

Learning For Life



2<sup>nd</sup> September 2019

## Term 4 2019 Swimming Program from Years 3 to 6.

Dear Parents / Caregivers

Students from Years 3 to 6 are invited to attend the Swim and Survive 7 week program at the Forum Sports and Aquatic Centre. There are only 80 positions available. The first 80 students to return their note and money will be able to participate in the program.

Children will be placed in groups according to their swimming skills on the first day. Groups will contain 6, 8 or 10 students depending on their skill level. All instructors are fully qualified with Austswim and are employed by the Forum. The teachers from Mayfield West Demonstration School roles are to supervise the students. The program will cater to all ranges of swimming skills. If your child cannot swim, they will be in a learn to swim group. If they can swim they will work on stroke correction and endurance. All groups will participate in activities aimed at safety and survival around water. The Forum will provide flotation devices for those children who need them.

<b>Activity:</b>	School Sport Swimming Program – Years 3 to 6
<b>Venue:</b>	<b>The Forum Sports and Aquatic Centre</b>
<b>Date:</b>	21/10/19, 28/10/19, 4/11/19, 11/11/19, 18/11/19, 25/11/19, 2/12/19
<b>Cost of Activity is:</b> (No refund if child does not attend the excursion)	\$80.00 to be paid by Tuesday 10 <sup>th</sup> September 2019
<b>Students will depart from:</b>	Mayfield West Demonstration School at 12.45pm
<b>Students will return to:</b>	Mayfield West Demonstration School at 2.30pm
<b>Travel will by:</b>	Port Stephens Coaches
<b>The group will be supervised by:</b>	Stage 2 and 3 Teachers
<b>Please provide:</b>	Swimmers, towel and goggles

Organising Teacher: Sonya Gray

Principal: Matthew Bradley

Please complete this section and return to school with the medical note by Tuesday 10<sup>th</sup> September 2019.

☐ I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_

To attend **The Swim and Survive Program** at the **Forum Sports and Aquatic Centre** every Monday from 21/10/2019 to the 2/12/2019.

Please indicate any special needs your child may have: \_\_\_\_\_

☐ I confirm that my child's medical information has not changed since Feb 2019 (please fill in a new Medical Information Form to indicate any recent changes).

☐ To the best of my knowledge, my child has no medical conditions, physical disabilities or injuries which put him / her at risk in participation in the sport.

Parents Name: \_\_\_\_\_  
(Parent/Caregiver)

Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

I have included \$80:00 cash ☐ or paid via POP payment ☐ Eftpos available at Administration

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## The Snack Shack

August 2019 MENU

### SNACKS

Carrot Sticks (bag)	\$0.50
Rice Biscuits	\$0.05
Cheese Cubes	\$0.10
Bite-size Fruit	\$0.10
Cereal Bag	\$0.50

Seasonal Fresh Fruit (prices as marked)

### CHIPS

Red Rock Chips (Sea Salt)	\$1.30
Grain Waves	\$1.30
Popcorn	\$1.30

### ICE BLOCKS

Frozen Milk Cups Sml (Choc/Strawberry)	\$0.30
Frozen Milk Cups Lge (Choc/Strawberry)	\$0.60
Jelly Cups (Raspberry/Lime/Orange)	\$0.60
Qulech Fruit Sticks	\$0.60
Ice Money (Choc)	\$1.00
Moosies (Choc)	\$1.20
Juicy Tubes (Orange/Wildberry/Tropical)	\$1.20
Twisted Frozen Yoghurt (Watermelon/Mango/Strawberry/Vanilla)	\$2.20

### SANDWICHES (ROLLS ADD \$0.50)

Jam/Vegemite	\$1.20
Cheese	\$1.70
Egg	\$2.50
Salad (let/tom/beet/carrot/cucumber)	\$3.00
Ham	\$3.00
Chicken	\$3.00
Chicken Salad	\$5.00
Ham Salad	\$5.00

### WRAPS

Salad (let/tom/beet/carrot/cucumber)	\$3.50
Salad & Cheese	\$4.00
Chicken & Salad	\$5.00
Ham & Salad	\$5.00

### EXTRAS

Cheese/Pineapple/Egg	\$0.60
Tomato/Beetroot/Cucumber/Lettuce	\$0.60
Ham	\$1.50
Chicken	\$1.50
Toasted	\$0.30

### FRESH FRUIT & SALAD TUBS

Watermelon Sml	\$1.20
Fruit Salad Sml	\$1.70
Watermelon Lge	\$2.20
Fruit Salad Lge	GF H \$2.70
Lge Salad ONLY	GF H \$4.00
(let/tom/beet/carrot/cucumber/pineapple)	
Lge Salad with Ham/Chicken	\$5.50
(let/tom/beet/carrot/cucumber/corn/pineapple)	
Add Cheese/Egg	\$0.50

Cutlery supplied for these items

### DRINKS

Water 350 ml	\$1.00
Water 600 ml	\$1.50
Milk low fat (Choc/Strawberry)	\$2.20
Juice Pop Top (apple/apple&blackcurrent/orange)	\$2.20
Poppers 99% Juice	\$1.50
(apple/apple&blackcurrent/orange/apple&raspberry/tropical)	
Hot Choc (TERMS 2 & 3 ONLY)	\$1.30

### HOT ROLLS & BURGERS

Chicken Wedge Roll (let & Mayo)	\$4.50
Hot Chicken Roll & Gravy	\$4.00
MayWest Burger (beef patty/let/cheese/sauce)	\$4.50

### HOT FOOD

Chicken Wedges (max 6)	\$1.00
Corn Cobs	\$0.70
Pizza Ham & Pineapple	\$2.50
Spring Rolls	\$0.60

Macaroni & Cheese	\$3.60
Lasagne	\$3.60
Garlic Bread	\$1.20
Cheese & Bacon Roll	\$1.80

### AVAILABLE ONLY ON FRIDAY

Lean Meat Pies	\$3.00
Lean Party Pies	\$2.00
Lean sausage Roll	\$2.20

### SAUCE

Sweet Chilli or Mayo	\$0.50
Tomato/BBQ	\$0.40

Lunch Bags	\$0.20
Additional cutlery	\$0.10

Sandwiches and rolls will no longer be made with butter unless requested

Special Dietary requirements by arrangement

Vegetarian and gluten free options are available to order. Give us a call

Everyday

Occasional

Vegetarian

GF = Gluten Free

H = Halal



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*The Callaghan Cluster Choir*

*proudly presents*

**MERCURY  
RISING!**

Thursday

12<sup>th</sup> September

6pm

Join us at the Callaghan College  
Waratah hall (gold coin donation)

It's going to be **HOT** that night!!!





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[www.mayfieldwest.ps.education.nsw.gov.au](http://www.mayfieldwest.ps.education.nsw.gov.au)



## Learning For Life



Dear Parent/Guardian,

We will be holding the *School Colour Run* as a major fundraising event this year on **Friday 27<sup>th</sup> September!** We are raising much needed money for **future focused furniture**.

### About the Program

The *School Colour Run* promotes healthy and active lifestyles while helping us to raise funds! It's all about participation, with students treated to a great day as a reward for their fundraising efforts. Family support is key to our fundraising success and we encourage everyone to get involved.

### How Does My Child Fundraise?

Firstly, go to [schoolfundraising.com.au](http://schoolfundraising.com.au) and create a student profile page. Everything to do with your fundraising revolves around this page. Once you have completed this, read through your Sponsorship Form, which has instructions on how to raise money and order prizes.

Students who raise just \$10 will receive a reward for their effort. The more they raise, the better their reward – don't forget to check these out in the sponsorship form! We have educated students on the dangers of door knocking without adult supervision, and we encourage you to reiterate this at home. The best people to ask for sponsorship are people you know (e.g. friends, family, work colleagues and neighbours).

### Online Fundraising

The easiest way to help your child raise money is through online fundraising, where students raise an average of \$120. On top of raising more money, it's also safer and easier than doorknocking and you don't have to worry about handling money! To start fundraising online, go to your student profile page at [schoolfundraising.com.au](http://schoolfundraising.com.au) and [share your online fundraising link](#).

### Getting Involved

Not only can you support the school and students with your sponsorship – but you can join in on the fun! We would love to welcome parents and family members to attend the *School Colour Run*. We can't wait to see you at our event!

### Ordering Prizes – ALL PRIZES MUST BE ORDERED ONLINE

Prizes MUST be ordered between **Saturday 19<sup>th</sup> October** and **Thursday 24<sup>th</sup> October**. Simply visit [schoolfundraising.com.au](http://schoolfundraising.com.au) to create / log into your Profile Page between these dates. Then click on the 'CLAIM YOUR PRIZE' button and follow the prompts. If you have any questions, please contact the *School Colour Run* team on 1800 FUN RUN and they will gladly assist!

Thank you, good luck and happy fundraising!

