

# Newsletter

Mayfield West Demonstration School  
Gregson Avenue, Mayfield NSW 2304  
P 4968 1539

E [mayfieldw-p.school@det.nsw.edu.au](mailto:mayfieldw-p.school@det.nsw.edu.au)

Week 6 Term 2

Date: Thursday, 2 June 2022

Important Dates	
30 <sup>th</sup> May – 3 <sup>rd</sup> June	National Reconciliation Week
Fri 3 <sup>rd</sup> June	Stage 2 Great Aussie Bush Camp deposit due
Tues 7 <sup>th</sup> June	Soccer Knockout Gala Day
Mon 13 <sup>th</sup> June	Queens Birthday Public Holiday – school is closed
Fri 17 <sup>th</sup> & Sat 18 <sup>th</sup> June	StarStruck – MayWest Mob performance
Fri 1 <sup>st</sup> July	Stage 2 Great Aussie Bush Camp 2 <sup>nd</sup> payment due
Fri 1 <sup>st</sup> July	MayWest Mob combined schools NAIDOC event
Fri 1 <sup>st</sup> July	Last Day of Term 2 – Semester 1 Reports given out
Mon 18 <sup>th</sup> July	Staff Development Day – school is closed
Tues 19 <sup>th</sup> July	First Day of Term 3
Thur 21 <sup>st</sup> July	K-6 Athletics Carnival
Fri 5 <sup>th</sup> Aug	Stage 2 Great Aussie Bush Camp final payment due
Fri 12 <sup>th</sup> Aug	Newcastle Zone Athletics Carnival
22 <sup>nd</sup> Aug – 24 <sup>th</sup> Aug	Stage 2 Great Aussie Bush Camp

## PSSA Touch Football

On a wild and windy Tuesday our Touch Football team braved the weather and participated in the PSSA knockout Touch Football Gala Day. The boys represented our school with outstanding sportsmanship and pride. Our enthusiasm and eagerness outweighed our minimal training and preparation resulting in our side only narrowly being defeated in the first competition game 4 tries to 3. I congratulate all those involved in the day, and we are excited for more opportunities to show off what we have learnt in the future! Well done MayWest!

Mr Anderson



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## What is a Demonstration School?

Mayfield West Demonstration School is a school co-operating with the University of Newcastle, in partnership the school and university foster and support the use of evidence based and innovative teaching practices to ensure a quality 21st century education for all. The school also actively participates in data collection for educational research projects and in the development of educational materials. From 1928, the term demonstration school replaced the previous term 'practice' school.

There are four demonstration schools in New South Wales. One in Sydney and two in Wollongong and us here at MayWest. As a demonstration school we maintain a long-standing partnership with the Education Faculty at the University of Newcastle.

Our staff are passionate about education, and we are committed to creating a safe, happy and academically challenging environment for our children. Through professional dialogue with the University of Newcastle we take pride in contributing to the future of Australia's teaching profession and developing our teaching practice and school structures in line with the best of current educational research. Mr Morrison is currently working at the University on secondment as an adjunct lecturer 2 days per week. Mr Bradley is a representative on the faculty University Advisory Group.

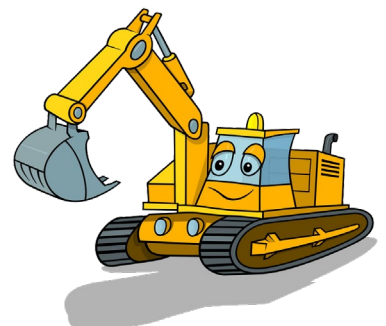
We currently have a number of teacher education students working in our school which includes:

- The secondary PE student cohort completing a basic motor movement program each Friday for 5 weeks with students from K – 2
- A bachelor of primary/early education student in our preschool
- 12 Master of Education Students in a WIL program over 5 rolling days on Thursdays and Fridays
- Next week, 14 second year primary undergraduates will commence a 4-week placement

Our active school community prides itself on high levels of cooperation, support and compassion. You will see this expressed in the positive relationships between the diverse body of students, staff, families, friends and stakeholders who make up our educational community.

## School Playground Site Works

We will very shortly have significant playground works that are being undertaken to improve our usage of our playgrounds. During these works, our available playground space will be reduced for students during play time and will necessitate to continue with a split timetable that is currently in place.



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## University of Newcastle Basic Motor Movement Program

Students in years K-2 are thoroughly enjoying participating in the Basic Motor Movement program being delivered by Health and Physical Education Students from the University of Newcastle. The program will run for 5 weeks and is conducted under the guidance of University academic staff members.



## Cold and Flu Season

As we head into the cooler months, staff are seeing an increase of students attending school that have coughs and sniffles. Please be aware that if students are showing COVID-19 like symptoms at school, then parents/carers will be called to pick-up your child. Students should then undertake a rapid antigen test (RAT). If the test comes back negative for COVID-19 the student should still not return to school until they either no longer have any symptoms, or a medical certificate is provided to the school confirming that symptoms are explained by another diagnosis (such as hay fever).

It is important that students do not attend school if they are unwell even if they have tested negative for COVID-19. Rapid antigen tests can produce false negative results and symptoms of other illnesses

can also be similar to COVID-19, including flu, the common cold and stomach bugs. Health advice is that students who are sick should always stay home to rest and recover and avoid putting other students and staff at risk of getting sick.



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## **Stage 3 Blue Mountains, Bathurst and Hill End Excursion**

### **Students Set Off in Search for GOLD!**

Last week Stage 3 travelled in the footsteps of the past as they spent three days and two nights learning about the impact that inland exploration and the gold rush had on the colony in the 1800's, as part of their learning about The Australian Colonies in History.

Our students had the opportunity to travel across the Blue Mountains with guided commentary as part of the "3 Explorers Tour" to tell the story of the 1813 crossing by Blaxland, Wentworth and Lawson.

After a visit to the Three Sisters, we travelled to Bathurst Goldfields (our accommodation site also) where students learned about the history of gold mining, panned for gold, made mud bricks, cooked damper, put up tents, played games from this era and watch a blacksmith ply their craft.

With a visit to the historic town of Hill End, everyone went on a treasure hunt to find information about the past before heading off to pan for gold at Tambaroora Creek. The day finished with a visit to Bald Hill Mine, where students experienced a unique opportunity to step into an original 1870's mine shaft and experience the subterranean world of an underground goldminer.

During the excursion we had a colonial night learning song, traditional bush dances and poetry from the past and had a fantastic night learning line dancing, where many an amazing move was shown by students and teachers alike!

On the way home we visited Scenic World in the Blue Mountains where we travelled on the Scenic Railway – the steepest passenger train in the world, strolling through the ancient, temperate rainforest, before returning to the top of the Jamison Valley via the Scenic Cableway. All of which, made our hearts pound a little more!

The staff that travelled with our Stage 3 students could not have been prouder of their enthusiasm, manners and participation, with many wonderful words of praise directed towards our school. Even though we didn't find our fortunes in gold, everyone agreed that this was a fantastic experience.

Thank you to the families who supported our excursion and to the staff – Mrs Dabboussy, Mr Anderson, Mrs Cooksley, Mrs Bradley and Mrs RP, who gave of their time allowing our students to have this wonderful learning opportunity to bring our country's history alive.



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## Stage 3 Blue Mountains, Bathurst and Hill End Excursion - Photos





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## P&C Fundraising

Our P&C have been doing a wonderful job organising various fundraising activities within the school. Thank you to all our parents and carers for supporting these fundraising efforts. It takes a lot of time and planning by the P&C members, and we would like to acknowledge this. We've heard that there are lots more activities on the calendar for the remainder of the year and we look forward to them.

## Sydney Symphony Orchestra

Last week a number of our students attended a concert at Newcastle Town Hall performed the Sydney Symphony Orchestra. This was an enriching experience for all that attended. Below is a couple of recollections and artworks from students of 4/5G.

As I walked up the red carpet, I felt famous. I opened the door calmly and I saw a consort of instruments, violins and trumpets. Loud music hit my ears and covered the room. I became absorbed in the music. It was calming.

Kaiden Fernley

As I walked into the beautiful hall, music flew into my ears. The flavour of the beat filled my mouth. The music sent shivers down my sensitive back. I saw violins, trumpets and double bases. I closed my eyes and opened them again. The show was over! Soft hands patted me and a calm voice told me. It's "time to go."

Soleil Fewson

As I walked into the great hall, the noise of instruments warming up flooded my ears. I followed my friends to my squashy velvet seat. The music started. I could see the florescent colours floating from the instruments as if the music was coming to pull me into its peaceful grasp. I closed my eyes, feeling calm. Before long, tense music escaped and my eyes shot open. It flooded the grand hall. Volumes of music bounced off the walls and crawled up my back, like an army of ants. I realised music can do anything.

Freya Walsh



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## Library News

### National Simultaneous Storytime 2022

Last week students participated in the National Simultaneous Storytime. This event is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. Classes shared the book 'Family Tree' written by Josh Pyke and illustrated by Ronojoy Ghosh on Wednesday 25 May. Even the Stage 3 Bathurst excursion students were able to participate, with Mrs RP reading the story to them at the Blue Mountains!



### Scholastic Book Club

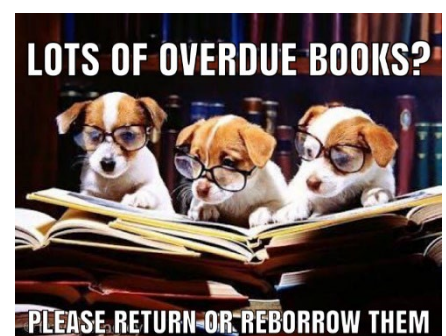
Students will be receiving the next Scholastic Book Club order form. This is a convenient way to order some great books while helping the school - every order earns 20% back in rewards to the school library. There are two Book Club orders each term and all ordering and payments are now completed by parents and caregivers online. The school is unable to accept any cash or cheques for Book Club. The order will be due by Wednesday, 15th June.

### Premier's Reading Challenge 2022

Another three students have completed the challenge – Freya, Nash & Novak. Congratulations, fantastic reading!

The PRC finishes on Friday, August 19, so there is still time to start reading. Please see Mrs Troup in the library if you need any help accessing or filling in your record.

Louise Troup - Teacher Librarian



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## Kindergarten and Preschool Enrolments

Enrolments are open for students to enrol for Preschool or Kindergarten 2023.

Preschool enrolment forms can be downloaded from the school website, or we can email them through to you. Please contact administration on 02 4968 1539 if you have any further questions.

Kindergarten enrolments can now be processed through our online enrolment system. Go to this link and follow the steps <https://enrol.education.nsw.gov.au/#/?schoolCode=2507> If your child is currently enrolled in our Preschool, there is no need for you to do anything. Pre-filled enrolment forms will be provided to parents and carers later in the year.

Orientation sessions are scheduled to take place in Term 4 and will be planned around COVID restrictions in place at that time. If you have any questions before then, please contact administration.

## Quick update from the P&C meeting

✓ An optional tunic is on the way for 2023 which will be a great addition to our uniform range. Watch this space for more information 🧑🏻

✓ Due to the amazing fundraising that has occurred the P&C will be donating \$1,000 worth of swimming caps and representative sports shirts, as well as making a \$2,500 contribution towards surface pro tablets and \$2,500 towards getting hot water for the teachers' staff room (yes that is right, there is no hot water!) 💰

✓ The play ground works are still in progress 🧑🏻🧑🏻

✓ Lots of great fundraising activities are on the calendar – again watch this space for details as well as the school newsletters 🙋🏻

✓ We are desperate for canteen volunteers on Fridays. Even if you can give up 1 hour between 10.30 to 11.30 once a term please drop us a message 🙋🏻🙋🏻

Detailed Minutes will be available for members  
Hope to see you next month on 15th June @ 6pm



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## P & C News

### Thank you again to our Mayfield West Demonstration School Community!

A special thank you to Danielle, Helen, Kelly and Michelle for your generous handmade donations for the Mother's Day Stall. We've had amazing feedback from some very grateful recipients.

Cheers to all our volunteers and school staff who give their time to help run events, our preloved uniform store and canteen. We can't do it without you. We can never have enough volunteers, so if you'd like to help support our school, please email [maywestpc@live.com.au](mailto:maywestpc@live.com.au) to express interest.

### Future Fundraising

More fabulously fun fundraisers will be coming up in 2022. Thompson's Pie Drive (yummy), Silver Coin Challenge (start collecting those coins hiding behind the lounge now), Father's Day Stall (save some coins for this) and Colour Run (who's excited?) are all in the calendar. More information about each event will be sent home throughout the coming weeks.

### Canteen News

Canteen will be closed during Week 10 for usual lunch orders. However, a Treat Day will be held in the final week of term. The Athletics Carnival will be held in Week 1 of Term 3, and a pre-order Sausage Sizzle Lunch will be available for both students and spectators. Keep an eye out for further information on Seesaw and the P&C Facebook page. We will be calling out for volunteers for these two events, so if you can spare some time please email [maywestpc@live.com.au](mailto:maywestpc@live.com.au) or [maywestcanteen@outlook.com](mailto:maywestcanteen@outlook.com) for further information. Any help is greatly appreciated.

### Next General Meeting 15th June 2022

Our next meeting will be held on Wednesday 15th June 2022 at 6pm in the Library. Please email [maywestpc@live.com.au](mailto:maywestpc@live.com.au) if you would like to receive a membership form and meeting Minutes. You can still become a member even if you are unable to attend monthly meetings. Mint Slice biscuits will be provided.

### Entertainment Books

2020/2021 Entertainment Books are now available. At just \$69.99, they are packed with amazing savings in our local area. Follow the link to buy online: <https://au.entdigital.net/orderbooks/3566y5>

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## The Snack Shack Menu Term 2 2022



P&C Association  
Open  
Wednesday -  
Friday for Lunch  
Orders Only

Gluten Free and Vegan  
options available - please  
check Qkr! for more  
information

### Hot Food

Hash Brown Triangles (2).....	60c
Corn Cob.....	80c
Mini Spring Roll.....	80c
Garlic Bread.....	\$1.30
Cheese & Ham Roll.....	\$2.30
Cheese & Bacon Pizza.....	\$2.50
Hawaiian Pizza.....	\$2.50
Lasagne.....	\$4.00
Mac & Cheese.....	\$4.00
Chicken Wedges (4).....	\$4.50

### Toasties

Cheese .....	\$2.00
Cheese & Tomato.....	\$2.30
Ham.....	\$2.30
Ham & Tomato.....	\$2.50
Ham & Cheese.....	\$2.50
Ham, Cheese & Tomato.....	\$2.80

### Rolls and Burgers

Chicken Wedge Rolls	
- lettuce & mayo.....	\$4.80
- gravy.....	\$4.80
- BBQ/Tomato sauce.....	\$4.50
Cheese Burger.....	\$4.00
Maywest Burger.....	\$4.50

### Fridays Only

Meat Pie.....	\$3.50
Sausage Roll.....	\$2.50
Party Pie.....	\$2.20

### Drinks

Water .....	\$1.50
Popper Juice.....	\$1.50
apple & blackcurrant, tropical, apple or orange	
Choc/Strawberry Milk.....	\$2.00
Juice Bomb.....	\$2.40
orange/passio, apple/raspberry, grape	
Hot Chocolate.....	\$1.50

Term 2 & 3 only

Tomato/BBQ sauce.....50c

We use wholemeal bread and  
butter is on request.

### Sandwiches

Jam/Vegemite.....	\$1.50
Cheese/Chicken/Ham .....	\$2.00
Salad .....	\$3.00
Chicken Salad/Ham Salad....	\$4.00

Roll +40c

### Salads and Fruit Tubs

Fruit Salad (small).....	\$2.50
Fruit Salad (large).....	\$3.50
Watermelon (small).....	\$2.20
Watermelon (large).....	\$3.20
Garden Salad.....	\$2.20

### Snacks

Corn Thin w/cheese and/or vegemite.....	50c
Rice Crackers.....	60c
Cereal (Honey Cheerios, Milo or GF Pancake Stack .....	60c
Carrot Sticks.....	60c
Orange Wedges (2).....	80c
Apple (Red or Green).....	\$1.00
Cheese Cubes.....	\$1.00
Popcorn.....	\$1.30
Grain waves .....	\$1.30
Sea Salt Chips.....	\$1.50

Wednesday Meal Deal ..... \$5  
Toastie, Small Fruit Tub, Juice  
Popper

Thursday Meal Deal ..... \$6  
Mac & Cheese, Apple, Juice  
Bomb

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Order online using the  app.

OR

Lunch orders can be placed in classroom  
lunch baskets.

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Green = Everyday Orange = Occasional



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## Good for kids good for life



### Traditional Indigenous Game: Brajerack

**Background:** Many different types of hide-and-seek games were played in Australia and the Torres Strait Islands. A game played in one part of Victoria in the latter part of the 1800s was called brajerack (the wild man). It was essentially a game of hide and seek whereby a player would hide in a wombat hole and would need to be dug out of this hiding place.

**Short description:** A simple game of hide and seek, suitable for younger children.



**Players:** Groups of four or more players

**Playing area:** A designated area suitable to the activity

#### Game play and basic rules

- The brajerack hides in the playing area and the other players attempt to find him or her.
- Change around after the brajerack has been caught.

#### Variations

- Have a number of brajeracks. After three are caught a new game begins.
- Play at night using torches.
- The brajerack hides somewhere in a hall or designated area and the finders only have 60 seconds to find him or her.

Source: Yulunga Traditional Indigenous Games, Australian Sports Commission  
<https://www.sportaus.gov.au/yulunga>



Developed by Hunter New England LHD

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>